# *Surah 76 Surah Insaan / Surah Dahar*

## MAN

### THE LINK BETWEEN *SURAH INSAAN* AND *SURAH QIYAAMAH*

*Surah Qiyaamah* warned people against rejecting the belief in *Qiyaamah.* It rebukes with the words, **"Does man think that We shall never gather his bones** (to resurrect him on the Day of Qiyaamah) **?"** In *Surah Dahar*, Allaah explains the matter in greater detail when He says that man was once a non-entity, after which Allaah created him from a drop of fluid and granted him the faculties of hearing and sight. This emphasises that Allaah can certainly repeat the procedure to resurrect man for *Qiyaamah.*

*Towheed* was not explicitly mentioned in *Surah Qiyaamah*, *Surah Dahar* negates *Shirk* (the opposite of *Towheed)* in verses 25 and 26. *Surah Qiyaamah* did not convey many glad tidings of rewards in the Aakhirah, *Surah Dahar* makes extensive mention of this.

### A SUMMARY OF THE *SURAH*

The first three verses of the *Surah* discuss the creative power of Allaah Who has created man from a single drop of fluid. It will therefore be simple for Allaah to resurrect people on the Day of Judgement. In verse 4, the *Kuffaar* are warned of a dreadful punishment in the *Aakhirah.* Verses 5 to 22 explain the blessings and bounties that the pious bondsmen of Allaah will receive in *Jannah.*

**"***(O Rasulullaah ﷺ!)* **Verily We have revealed the Qur'aan to you..."** [verse 23] draws people's attention to the Qur'aan, after which Allaah proceeds to encourage Rasulullaah ﷺ in verse 24, exhorting him to continue propagation even though the *Kuffaar* will never give up their opposition.

**"Indeed these people** *(the Kuffaar)* **love the world and leave behind them** *(have no concern for)* **a weighty day** *(the Day of Qiyaamah)"* [verse 27]. This verse repents the message contained in verses 20 and 21 of *Surah Qiyaamah*, where Allaah rebuked people for preferring this world to the *Aakhirah.*

In verse 24, Allaah again reminds man that He is Able to resurrect him on the Day of Qiyaamah, just as He was Able to create him initially. Allaah then tells people that the Qur'aan is a reminder for them which they may follow if they choose to. The *Surah* concludes with the words, **"He** *(Allaah)* **enters whoever He wills into His mercy** *(by guiding them to Imaan)* **and has prepared a painful punishment for the oppressors** *(for the Kuffaar)***."**

سُوْرَةُ الدَّهْرِ مَكِّيَّةٌ وَّهِيَ اِحْدٰى وَتِسْعُوْنَ اٰيَةً وَّفِيْهَا رُكُوْعَانِ

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

**In the name of Allaah, the Most Compassionate, the Most Merciful**

هَلْ اَتٰى عَلَى الْاِنْسَانِ حِيْنٌ مِّنَ الدَّهْرِ لَمْ يَكُنْ شَيْئًا مَّذْكُوْرًا ①

**1. Undoubtedly, a moment in time has passed by man when he was something not even worth mentioning** *(he was still a drop of semen)*.

اِنَّا خَلَقْنَا الْاِنْسَانَ مِنْ نُّطْفَةٍ اَمْشَاجٍ ۖ نَّبْتَلِيْهِ فَجَعَلْنٰهُ سَمِيْعًا بَصِيْرًا ②

**2. Indeed We have created man from a mixed seed** *(fusion between the male sperm and female egg)* **to test him** *(by prescribing various duties for him)* **and We made him** *(a)* **hearing and seeing** *(being)*.

اِنَّا هَدَيْنٰهُ السَّبِيْلَ اِمَّا شَاكِرًا وَّاِمَّا كَفُوْرًا ③

**3. We guided him to the path** *(of the true Deen and Shari'ah)*, **so he is either grateful** *(by following the path)* **or ungrateful** *(by choosing to remain a Kaafir)*.

اِنَّا اَعْتَدْنَا لِلْكٰفِرِيْنَ سَلٰسِلَا۠ وَاَغْلٰلًا وَّسَعِيْرًا ④

**4. Verily for the Kaafiroon We have prepared chains** *(fetters)*, **yokes** *(oppressive collars)* **and a flaming fire** *(in the Aakhirah)*.

اِنَّ الْاَبْرَارَ يَشْرَبُوْنَ مِنْ كَاْسٍ كَانَ مِزَاجُهَا كَافُوْرًا ۚ ⑤

**5.** *(On the other hand)* **The righteous** *(Mu'mineen)* **shall certainly drink from a cup which contains a** *(drink made from a)* **mixture of** *(water from the spring of)* **Kaafoor** *(Camphor)*...

عَيْنًا يَّشْرَبُ بِهَا عِبَادُ اللّٰهِ يُفَجِّرُوْنَهَا تَفْجِيْرًا ⑥

**6. ..** *(which is)* **a spring** *(in Jannah)* **from which Allaah's bondsmen shall drink and which they shall cause to flow abundantly** *(whenever they wish)*.

يُوْفُوْنَ بِالنَّذْرِ وَيَخَافُوْنَ يَوْمًا كَانَ شَرُّهٗ مُسْتَطِيْرًا ۝٧

**7. They** *(the righteous are people who)* **fulfil their vows** *(and everything else that is binding on them)* **and fear the day** *(of Qiyaamah)* **whose difficulty shall be widespread** *(affect everyone)*.

وَيُطْعِمُوْنَ الطَّعَامَ عَلٰى حُبِّهٖ مِسْكِيْنًا وَّيَتِيْمًا وَّاَسِيْرًا ۝٨

**8. Out of love for Allaah, they feed the poor, the orphan and the captive** *(every needy person, whether Muslim or non-Muslim)*...

اِنَّمَا نُطْعِمُكُمْ لِوَجْهِ اللّٰهِ لَا نُرِيْدُ مِنْكُمْ جَزَآءً وَّلَا شُكُوْرًا ۝٩

**9. ...***(saying,)* **"We feed you only for Allaah's pleasure and desire neither a return nor thanks from you."**

اِنَّا نَخَافُ مِنْ رَّبِّنَا يَوْمًا عَبُوْسًا قَمْطَرِيْرًا ۝١٠

**10. "Verily we fear from our Rabb a day that will be severe and extremely bitter** *(for people who have not prepared for it)*."

فَوَقٰىهُمُ اللّٰهُ شَرَّ ذٰلِكَ الْيَوْمِ وَلَقّٰىهُمْ نَضْرَةً وَّسُرُوْرًا ۝١١

**11. So Allaah shall save** *(deliver)* **them from the difficulty** (evil) **of that day and will give them radiance** *(which will be visible on their faces)* **and joy** *(happiness)*.

وَجَزٰىهُمْ بِمَا صَبَرُوْا جَنَّةً وَّحَرِيْرًا ۝١٢

**12. As a reward for their patience** *(in this world)*, **they shall have Jannah and** *(garments and bedding made of the purest)* **silk.**

مُّتَّكِـِٕيْنَ فِيْهَا عَلَى الْاَرَآئِكِ ۚ لَا يَرَوْنَ فِيْهَا شَمْسًا وَّلَا زَمْهَرِيْرًا ۝١٣

**13. They will recline on couches there** *(in Jannah like kings)* **and will feel neither** *(the discomfort of)* **heat nor** *(the misery of)* **cold.**

وَدَانِيَةً عَلَيْهِمْ ظِلٰلُهَا وَذُلِّلَتْ قُطُوْفُهَا تَذْلِيْلًا ۝١٤

**14. Its shade** *(the shade of the trees)* **will be close above them and its bunches** *(clusters)* **of fruit will hang low** *(making them within easy reach)*.

وَيُطَافُ عَلَيْهِمْ بِاٰنِيَةٍ مِّنْ فِضَّةٍ وَّاَكْوَابٍ كَانَتْ قَوَارِيْرَا ۟ۙ﴿۱۵﴾

**15. Utensils of silver** *(containing the most sumptuous foods)* **will be brought to them as well as glasses of crystal** *(containing the most delicious drinks)***...**

قَوَارِيْرَا مِنْ فِضَّةٍ قَدَّرُوْهَا تَقْدِيْرًا ﴿۱۶﴾

**16. ...such crystal that is of silver** *(unlike anything of this world)***, with an appropriate measure** *(drink will neither be too little so that the person will wish for, nor will it be too much that he would have to force himself to finish it)***.**

قرأ حفص بغير الألف في الوصل فيهما. ووقف على الأول بالألف على إتباع الثاني بغير ألف

وَيُسْقَوْنَ فِيْهَا كَاْسًا كَانَ مِزَاجُهَا زَنْجَبِيْلًا ۟ۚ﴿۱۷﴾

**17. They will be given to drink from cups containing a** *(wonderful)* **ginger mixture- like.** *(While the things of Jannah may share their names with things of this world, there will be no further similarity. Therefore, the "ginger" of Jannah cannot be compared to that of this world.)*

عَيْنًا فِيْهَا تُسَمّٰى سَلْسَبِيْلًا ﴿۱۸﴾

**18.** *(They will drink from)* **A spring there** *(in Jannah)* **called Salsabeel** *(Pure and clean water).*

وَيَطُوْفُ عَلَيْهِمْ وِلْدَانٌ مُّخَلَّدُوْنَ ۚ اِذَا رَاَيْتَهُمْ حَسِبْتَهُمْ لُؤْلُؤًا مَّنْثُوْرًا ﴿۱۹﴾

**19. Lads of eternal youth will wait on them** *(to serve them whatever they wish)***. When you see them, you will think that they are scattered pearls** *(because of their great beauty)***.**

وَاِذَا رَاَيْتَ ثَمَّ رَاَيْتَ نَعِيْمًا وَّمُلْكًا كَبِيْرًا ﴿۲۰﴾

**20. If you look** *(around)* **there** *(in Jannah)***, you will see** *(tremendous)* **bounties and an enormous kingdom** *(vastly superior to anything in this world)***.**

عٰلِيَهُمْ ثِيَابُ سُنْدُسٍ خُضْرٌ وَّاِسْتَبْرَقٌ ۫ وَّحُلُّوْٓا اَسَاوِرَ مِنْ فِضَّةٍ ۚ وَسَقٰىهُمْ رَبُّهُمْ شَرَابًا طَهُوْرًا ﴿۲۱﴾

**21. Their clothing will be** *(made of)* **fine green silk and thick silk.** *(In addition to this,)* **They will be adorned with bangles of silver** *(which will add to their beauty)* **and their Rabb shall give them pure drinks** *(that will neither be impure like the intoxicating wines of this world.)*

اِنَّ هٰذَا كَانَ لَكُمْ جَزَآءً وَّكَانَ سَعْيُكُمْ مَّشْكُوْرًا ۧ﴿۲۲﴾ ع ۱۰

**22.** *(When enjoying all these bounties, they will be told,)* **"This is your reward. Your efforts** *(to please Allaah in the world)* **have been appreciated** *(accepted, and these bounties are a token of Our appreciation)***."**

إِنَّا نَحْنُ نَزَّلْنَا عَلَيْكَ الْقُرْآنَ تَنْزِيلًا ﴿٢٣﴾

**23.** *(O Rasulullaah ﷺ!)* **Verily We have revealed the Qur'aan to you bit by bit** *(as and when the need arose and when appropriate)*.

فَاصْبِرْ لِحُكْمِ رَبِّكَ وَلَا تُطِعْ مِنْهُمْ آثِمًا أَوْ كَفُورًا ﴿٢٤﴾

**24. So remain steadfast on the command of your Rabb and do not obey any sinner or** *(staunch)* **Kaafir from them** *(when they ask you to make compromises in your Deen to suit them)*.

وَاذْكُرِ اسْمَ رَبِّكَ بُكْرَةً وَأَصِيلًا ﴿٢٥﴾

**25. Remember the name of your Rabb** *(engage in Dhikr and salaah)* **morning and evening.** *(This is an effective remedy for quarrels and arguments.)*

وَمِنَ اللَّيْلِ فَاسْجُدْ لَهُ وَسَبِّحْهُ لَيْلًا طَوِيلًا ﴿٢٦﴾

**26. Prostrate to Him** *(perform salaah)* **during the night and glorify Him during the long portions of the night.**

إِنَّ هَٰؤُلَاءِ يُحِبُّونَ الْعَاجِلَةَ وَيَذَرُونَ وَرَاءَهُمْ يَوْمًا ثَقِيلًا ﴿٢٧﴾

**27. Indeed these people** *(the Kuffaar)* **love the world and leave behind them** *(have no concern for)* **a weighty day** *(the Day of Qiyaamah)*.

نَحْنُ خَلَقْنَاهُمْ وَشَدَدْنَا أَسْرَهُمْ ۖ وَإِذَا شِئْنَا بَدَّلْنَا أَمْثَالَهُمْ تَبْدِيلًا ﴿٢٨﴾

**28.** *(The Kuffaar have no reason to doubt their resurrection on the Day of Qiyaamah because)* **Only We have created them and only We strengthened their joints. Whenever We wish, We could replace them with people just like them.** *(When Allaah can do this, why can He not resurrect all mankind?)*

إِنَّ هَٰذِهِ تَذْكِرَةٌ ۖ فَمَنْ شَاءَ اتَّخَذَ إِلَىٰ رَبِّهِ سَبِيلًا ﴿٢٩﴾

**29.** *(All of)* **This** *(that has been already mentioned)* **is certainly advice. So whoever wills should adopt a path** *(of submission that takes him)* **towards** *(the pleasure of)* **his Rabb.**

وَمَا تَشَاءُونَ إِلَّا أَنْ يَشَاءَ اللَّهُ ۚ إِنَّ اللَّهَ كَانَ عَلِيمًا حَكِيمًا ﴿٣٠﴾

**30.** *(However,)* **You cannot intend to do anything without Allaah's will.** *(No person can be rightly guided without Allaah's will). (Allaah Alone decides who will be rightly guided and who will not be because)* **Verily Allaah is All Knowing** *(of our talents)*, **the Wise.**

يُدْخِلُ مَنْ يَشَاءُ فِي رَحْمَتِهِ ۚ وَالظَّالِمِينَ أَعَدَّ لَهُمْ عَذَابًا أَلِيمًا ﴿٣١﴾ ع ٢

**31.He enters whoever He wills into His mercy** *(by guiding them to Imaan)* **and has prepared a painful punishment for the oppressors** *(the Kuffaar)*.